

How to use this schedule

- Pick a plan below (2, 3, or 4 weeks). Use the HC/PB page slots as guides—pagination varies by edition.
- Keep TWO bookmarks: one in the main text, one in the notes/appendices.
- Confirm VOICE before tagging a theme (Zampanò / Johnny / footage).
- Rotate the book when the text rotates. Scan page geometry before reading the page.
- Track motifs with short quotes (≤ 25 words) and page numbers.

Legend — Theme tags

- LBR = Labyrinth & Minotaur
- MED = Media, truth, evidence
- HOM = Home, intimacy, alienation
- UNR = Unreliable narration & textual uncertainty

Approximate pace suggestions (pages/day)

- 2-week plan: ≈ 52 HC / ≈ 51 PB
- 3-week plan: ≈ 35 HC / ≈ 34 PB
- 4-week plan: ≈ 26 HC / ≈ 25 PB

Tip: Save The Whalestoe Letters until after the appendices on a first pass. See: </the-whalestoe-letters/> and

Choose a plan:

2 weeks — 14 sessions • target ≈ 52 HC / 51 PB pages per day

3 weeks — 21 sessions • target ≈ 35 HC / 34 PB pages per day

4 weeks — 28 sessions • target ≈ 26 HC / 25 PB pages per day

2-Week Plan (14 sessions)

Targets per day — HC: ≈53 pages • PB: ≈51 pages

Prompts: Mark corridor counts (LBR), note edits vs claims (MED), log domestic distance moments (HOM), and track b

Session	Target pages (HC/PB)	Notes	Done
Day 01	____ / ____	_____	[]
Day 02	____ / ____	_____	[]
Day 03	____ / ____	_____	[]
Day 04	____ / ____	_____	[]
Day 05	____ / ____	_____	[]
Day 06	____ / ____	_____	[]
Day 07	____ / ____	_____	[]
Day 08	____ / ____	_____	[]
Day 09	____ / ____	_____	[]
Day 10	____ / ____	_____	[]
Day 11	____ / ____	_____	[]
Day 12	____ / ____	_____	[]
Day 13	____ / ____	_____	[]
Day 14	____ / ____	_____	[]

3-Week Plan (21 sessions)

Targets per day — HC: ≈36 pages • PB: ≈34 pages

Prompts: Confirm the current speaker before theme tags; underline direct quotes of The Navidson Record.

Session	Target pages (HC/PB)	Notes	Done
Day 01	____ / ____	_____	[]
Day 01	_____	_____	
Day 02	____ / ____	_____	[]
Day 02	_____	_____	
Day 03	____ / ____	_____	[]
Day 03	_____	_____	
Day 04	____ / ____	_____	[]
Day 04	_____	_____	
Day 05	____ / ____	_____	[]
Day 05	_____	_____	
Day 06	____ / ____	_____	[]
Day 06	_____	_____	
Day 07	____ / ____	_____	[]
Day 07	_____	_____	
Day 08	____ / ____	_____	[]
Day 08	_____	_____	
Day 09	____ / ____	_____	[]
Day 09	_____	_____	
Day 10	____ / ____	_____	[]
Day 10	_____	_____	
Day 11	____ / ____	_____	[]
Day 11	_____	_____	
Day 12	____ / ____	_____	[]
Day 12	_____	_____	
Day 13	____ / ____	_____	[]
Day 13	_____	_____	
Day 14	____ / ____	_____	[]
Day 14	_____	_____	
Day 15	____ / ____	_____	[]
Day 15	_____	_____	
Day 16	____ / ____	_____	[]
Day 16	_____	_____	
Day 17	____ / ____	_____	[]
Day 17	_____	_____	
Day 18	____ / ____	_____	[]
Day 18	_____	_____	
Day 19	____ / ____	_____	[]
Day 19	_____	_____	
Day 20	____ / ____	_____	[]
Day 20	_____	_____	
Day 21	____ / ____	_____	[]
Day 21	_____	_____	

4-Week Plan (28 sessions)

Targets per day — HC: ≈27 pages • PB: ≈26 pages

Prompts: Track temperature/sound changes in corridors; note where counts fail or repeat; jot 1-line reflections.

Session	Target pages (HC/PB)	Notes	Done
Day 01	____ / ____	_____	[]
Day 01	_____	_____	
Day 02	____ / ____	_____	[]
Day 02	_____	_____	
Day 03	____ / ____	_____	[]
Day 03	_____	_____	
Day 04	____ / ____	_____	[]
Day 04	_____	_____	
Day 05	____ / ____	_____	[]
Day 05	_____	_____	
Day 06	____ / ____	_____	[]
Day 06	_____	_____	
Day 07	____ / ____	_____	[]
Day 07	_____	_____	
Day 08	____ / ____	_____	[]
Day 08	_____	_____	
Day 09	____ / ____	_____	[]
Day 09	_____	_____	
Day 10	____ / ____	_____	[]
Day 10	_____	_____	
Day 11	____ / ____	_____	[]
Day 11	_____	_____	
Day 12	____ / ____	_____	[]
Day 12	_____	_____	
Day 13	____ / ____	_____	[]
Day 13	_____	_____	
Day 14	____ / ____	_____	[]
Day 14	_____	_____	
Day 15	____ / ____	_____	[]
Day 15	_____	_____	
Day 16	____ / ____	_____	[]
Day 16	_____	_____	
Day 17	____ / ____	_____	[]
Day 17	_____	_____	
Day 18	____ / ____	_____	[]
Day 18	_____	_____	
Day 19	____ / ____	_____	[]
Day 19	_____	_____	
Day 20	____ / ____	_____	[]
Day 20	_____	_____	
Day 21	____ / ____	_____	[]
Day 21	_____	_____	
Day 22	____ / ____	_____	[]
Day 22	_____	_____	
Day 23	____ / ____	_____	[]
Day 23	_____	_____	
Day 24	____ / ____	_____	[]
Day 24	_____	_____	
Day 25	____ / ____	_____	[]
Day 25	_____	_____	

continued →

4-Week Plan (28 sessions) — continued

Targets per day — HC: ≈27 pages • PB: ≈26 pages

Prompts: Track temperature/sound changes in corridors; note where counts fail or repeat; jot 1-line reflections.

Session	Target pages (HC/PB)	Notes	Done
Day 01	____ / ____	_____	[]
Day 26	_____	_____	
Day 02	____ / ____	_____	[]
Day 27	_____	_____	
Day 03	____ / ____	_____	[]
Day 28	_____	_____	

Motif & Evidence Tracker

Short quotes (≤ 25 words) + page, voice, theme tag

Columns:

- Date
- Page (HC/PB)
- Voice (Z/J/film)
- Theme (LBR/MED/HOM/UNR)
- Quote (≤ 25 words)
- Notes

Date	Page	Voice	Theme	Quote	Notes